



Parent **E**ffectiveness **T**raining

The proven program for raising responsible children

Do your kids not listen?

Using proven P.E.T. skills, you can become a more effective and confident parent, have a more peaceful family life and raise children who are responsible and capable; children with emotional intelligence and respectful communication skills – Life Skills that will influence how they will succeed in the world.

Why Choose P.E.T.?

- Created in 1962 by twice-nominated Nobel Peace Prize nominee psychologist, Dr. Thomas Gordon
- Relationship-based approach to parenting that teaches skills/tools
- P.E.T. has over eighty research studies verifying its effectiveness
- Follow-up support available through the internet
- P.E.T. stands alone among parenting courses in stressing the long-term damaging effects of using timeouts to change a child's behaviour



www.attachmentparenting.ca

403-667-4557

For Parents of Children ages 4-19

