



The Five Love Languages of Parenting

Based on the work of Gary Chapman and Ross Campbell, this presentation explores the five love languages of children, parents and how they both give and receive love on those languages.

Presentation outline is based on Health Canada, Growing Miracles (Three Cheers for the Early Years), Parent Effectiveness Training, and Invest In Kids Recommendations.

Course Objectives

- Participants will discover the five language categories and how they manifest in each age group
- Participants will learn the positive and negative ways to parent within the five languages
- Participants will learn parenting strategies to enhance their child's love language

Presented by:

**Judy Arnall, BA, International award winning Speaker and best-selling Author of
"Discipline without Distress: 135 tools for raising caring, responsible children without time-
out, spanking, punishment or bribery."**

www.professionalparenting.ca

(403) 714-6766

jarnall@shaw.ca